



## *snacks*

soup of the day	\$5.25
house salad	\$5.75
caesar salad	
romaine lettuce, bacon, parmesan, and croutons	\$7.50
red pepper hummus and pita chips	\$5.25
salad rolls	\$5.25

## *sandwiches*

### smoked turkey

cheddar, mango chutney mayonnaise, tomatoes, cucumbers and lettuce

### RED PEPPER HUMMUS AND FETA

tomatoes, cucumbers and sprouts

### *chicken bacon wrap*

tomatoes, cucumbers, guacamole, lettuce and ranch dressing

### goat cheese

balsamic red onions, tomatoes and baby spinach

### *old fashioned ham*

swiss cheese, dijon mayonnaise, tomatoes, cucumbers, pickles and lettuce

### HOUSE CURED SALMON

caper dill cream cheese, cucumbers and sprouts

### *toasted brie and apple*

with tomato and lettuce

### ROAST BEEF

swiss cheese, horseradish mayonnaise, balsamic red onions, tomatoes, cucumbers, lettuce

### *chicken pesto sandwich*

swiss cheese, pesto mayonnaise, tomatoes, cucumbers and arugula

GLUTEN FREE BREAD AVAILABLE UPON REQUEST

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*mains*

*sirkel burger*  
served with garden salad and a pickle \$9.75

*spinach salad*  
baby spinach, poached pears, candied walnuts  
and blue cheese in our house vinaigrette \$9.50

*jane's mandarin chicken salad*  
mixed greens, chicken breast, mandarins, carrots,  
cucumbers, candied almonds in our asian vinaigrette \$9.50

*bikini salad*  
mixed greens with chick peas, croutons, feta, carrots,  
cucumbers, tomatoes in our house vinaigrette \$9.50

**sirkel crepes**  
filled with mushrooms, onions, roasted red peppers,  
goat cheese and spinach, served with house salad \$9.75

*chicken or tofu stir fry*  
served with asian vegetables and jasmine scented rice \$11.75

**PAD THAI**  
rice stick noodles, asian vegetables in our spicy sauce \$11.75  
add chicken or tofu for \$2.00

**CHICKEN OR TOFU CHOW MEIN**  
served with asian vegetables in a spicy peanut sauce \$11.75

*mac & cheese*  
elbow noodles with cream and a blend of cheese \$10.25

COME UP TO OUR COUNTER  
TO SEE TODAY'S SPECIAL TREATS

LET US CATER YOUR NEXT EVENT!

TAKE OUR SALAD DRESSING HOME!

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